

## How to prevent divorce in Islam

Marriage is a sacred bond in Islam that is considered as half of the religion. Through the marriage, husband and wife can do as many good deeds as they can to help them become better Muslims as well as help them in the afterlife later. However, the life in marriage is far from easy. In fact, it's very fragile and Satan never misses a chance to shake it and even break it apart.

When a marriage is in danger, couples are advised to pursue all possible remedies to rebuild the relationship. Divorce is allowed as a last option, but it is discouraged. The Prophet Muhammad once said, "Of all the lawful things, divorce is the most hated by Allah."

For this reason, the first step a couple should make is to really search their hearts, evaluate the relationship, and try to reconcile. All marriages have ups and downs, and this decision should not be arrived at easily. Ask yourself, "Have I really tried everything else?" Evaluate your own needs and weaknesses; think through the consequences. Try to remember the good things about your spouse and find forgiveness and patience in your heart for minor annoyances. Communicate with your spouse about your feelings, fears, and needs. During this step, the assistance of a neutral Islamic counsellor may be helpful for some people.

Unfortunately, marriage often ends by divorce. Allah Almighty doesn't like divorce and has commanded every Muslim couple to stay away from it as much as possible. Divorce is the result of a badly managed relationship between husband and wife. To avoid divorce, it should be prevented in many ways.

### **1. Husband and Wife should fulfil their duty**

Husband and wife have their own respective duty in the family. To keep it harmonized and happy, each other must be aware of their own duty. When the husband is the one earning money out there and the wife is asked to stay at home, even if she works and earns money then she should do all her best to support her husband by creating a happy atmosphere at home.

### **2. Understand Each Other Well**

Understanding seems to be a simple thing but it requires a huge effort. Understanding means we must be aware of their situations. For example, when a husband goes to work, he may meet some other woman who smiles at him a lot. At that time women must trust their husbands and not make a fuss about it. The same goes for the husband, he must understand that taking care of the family is not easy, so she could be tired at times. And there are more chances if she works so husbands must keep this in their mind.

### **3. Taking Care Each Other Equally**

Love is care. The best ways how to prevent divorce in Islam is by showing love to each other, Husband and wife should take care of their partner. When the husband is tired from work, serve him dinner or massage him for a while. And when the husband is off during the weekend, he can take turn taking care of the children and give his wife time to rest. This may seem simple, but it affects the marriage in a positive way.

### **4. Avoid Arguments as Much as Possible**

Communication is the most important thing in marriage. But often we end up having arguments with our partner. Do our best not to have arguments with each other. Talk everything in a calm manner and solve it without having to argue.

### **5. Settle the Arguments Before Sleep**

No matter how much effort we have put to avoid the arguments, it sometimes unavoidable in a marriage. If we have an argument with our partner, don't let it last for a long time. Settle the arguments on the very same day it happens. Don't go to sleep while you're still arguing with each other. A long-time argument is the biggest cause of divorce.

### **6. Don't Talk About Family Matters to Anyone**

What happen in your family should be kept a secret, including to your own family. Never talk to them about the recent arguments you have with your partner or their negative traits. It will be a catastrophe for the marriage when third party takes part in it.

### **7. Treat Each Other with Kindness**

Be kind to your spouse and love them the best way you can. It may seem simple, but your kindness could be the biggest reason why your partner wants to stay forever with you. They feel safe and comfortable for your kindness.

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